

Transitioning to Adulthood? What You Need to Know

Children do not stay young forever. Did you know?

- 30% of 18-24 year olds lack a payment source for needed health care
- Many youth lack access to primary and specialty providers

Planning and Communication is the Key!!!

Here are some programs to look into.

Health Insurance

Maintain Health Insurance: Know your policy!

Adult Disabled Dependent :

- May retain health care until turning age 26
- Young Adult Pays Premium Options

Medicaid:

If your child did not qualify for SSI under age 18 due to family income, he may now may qualify for SSI and Medicaid as an adult.

Employment & Vocational Rehab

Healthcare Transition Plan

Housing Options

Selective Services (Males Only)

Planning for employment can start when your child is in high school using their Transition Plan as a first step. There may be a variety of options available after graduation. Vocational Rehabilitation may be another source for job sampling and coaching: 828-670-3377.

Consult your child's primary medical doctor to develop a plan for transitioning to adult medical care.

Begin transition discussion with your case manager. There are a range of options from public housing through the Asheville Housing Authority to group homes and supports for independent living.

If your son is able "to function in public with or without assistance" you are required to register him with the Selective Service System. Even if your son has a disability that you think would disqualify them from military service they must still register as their appropriate classification will be determined later. Go to www.sss.gov.

College Based Options

Compensatory Education is based at AB Tech in Asheville, NC. It is a community college program focused on helping the individual become as independent as possible through acquiring basic and life skills needed to function successfully in daily living.

http://www.nccommunitycolleges.edu/basic_skills/compensatoryEducationCed.htm

Beyond Academics is based at University of NC at Greensboro:

<http://www.beyondacademics.org>

UP program based at Western Carolina University:

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